

Curriculum Vitae for Clare Lisa Hedin

Name: Clare L. Hedin, M.A. **Address:** 1700 Shattuck Avenue,
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DOB: 4th October, 1964

Published: ***Music:*** *Picture Perfect Music LLC d/b/a/All About Music* (9/02-9/03)

Writing: *Article Published in 'Voices of the New Earth': "Sound of Nature and the Nature of Sound" (4/04).*

Skills: Singing, Composing, Teaching, Healing, Writing (creative & formal), Holding Dialogues.

Memberships: Trustee of Grace North Church (Berkeley), Member of GNC Visioning Committee, ASCAP (member since 2002).

Upcoming Events:

Presenting at World Sound Healing Conference, Cathedrill Hill Hotel, SF, May 11-14, 2007, on "Healing Music" and "Natural Sound" plus performing in concerts: at event: Healing the Planet with Sound, Music and Sacred Geometry, and Mother's Day Globe Space/Time Phenomena Concert.

Professional Work:

Active Singing Grace North Church Monthly Labyrinth Interfaith Service, Berkeley, CA.

Appointments: Clare is invited to perform in intimate rituals of bereavement and celebration – both private and public in religious & spiritual ceremonies for individuals and groups, e.g. National Spiritualist Association of Churches, Grace North Church, San Francisco Spiritual Enrichment Center.

Executive Director: "The Presidio Dialogues" (Jan 07 – March 07)
Managed and host monthly meetings at *Saybrook Institute*: dialogues focused on **Conscious Business**. (Three months training Oct/Nov/Dec 06) – an average of 30 attendees/month.

Workshop organizer: Compassionate Listening Project www.compassionatelisting.org
Bill Russell, Shaman & Physicist <http://www.intentronics.com/page2.html>

Guest Teaching (Nov 5th, 2006) Guest taught 'An exploration of Sound, Voice & Self as Transformation' in Margaret Blackwell's class *Dissolving Boundaries*. Venue; John F Kennedy University, Berkeley, CA.

Contract Teaching (6/04- present day)

"California Institute of Psychoacoustics", S.F., C.A. – classes: 'Sound , Nature & Consciousness', 'Ways of Knowing', 'Voice & Personal Presence' & 'Music Theory from a psychoacoustic perspective'.

Private Teaching (98- present day)

Voice and Music: private students in experiential musical development, personal development and the metaphysics of music, the imagination and creativity.

Proofreading & Editing (July 06-present day)

Contracted to work for Apocrophyte Press and independent clients (e.g. Thea Farhadian, MA Thesis: www.theafarhadian.com)

Events Booking Manager & Coordinator (8/05 – present day)
"Grace North Church", Berkeley, CA

Creative Management Consultant (01 - present day)

Client: "One Village Foundation" (4/03-11/04) – non-profit focused on the challenge and opportunity of using ICT to address *World Urgent Issues*, by providing a platform for an integrated approach to sustainable development.

Contracted to facilitate: Visioning, brainstorming, organizing, interpersonal dynamics and coherent creative development. Making sure the members were really getting the most depth, clarity and results out of the experience.

Client: "One World" (01-02) - an organisation founded by Michael W. Mitchell. He is designing an integrated information and communication tool/environment and service designed to help people visualize, understand, manage and change what's going on around them.

Contracted to facilitate: Visioning, brainstorming, organizing and creative development.

Ceremonial and Ritual Singe/Cantor (05 – present day) @ Grace North Church, Berkeley, CA.

Singer/Songwriter/Recording Artist/Performer (95 - present day)

Professional Musician: Recorded 5 self-created CD's. Play locally and internationally. Community & environmental Artist. Recorded CD's myself in privately owned 24 track studio.

Oakland Children's Hospital, Oakland, C.A. USA (7/01 - present day)

Visiting Healing Musician. Singing to children, staff and families for healing and relaxation purposes. Using music as a healing tool to work with the child's spirit to enhance healing and well-being.

Workshop Leader (86- present day)

Facilitator: Private and Group classes in Consciousness, Self-Awareness training.

Currently working on **Grace North Church**, day retreat (April 21st) to examine and explore 'meaning, identity and function' of the church community.

e.g. Guest Art/Personal Presence workshop facilitator at "Giving Space Uplift Academy Design Workshop", Ben Lomond, CA (May 6-8/03). Workshop was focused on building a bridge, peer to peer, between citizens of Iraq and USA. Retreat hosted and created by Tom Munnecke, founder of "Giving Space – creating a semantic web for philanthropy".

e.g. "Animal Magic" workshop, incorporating dance, movement and sound for connection and personal expression at Harvest Ffair Gynhaeaf, Wales, UK (9/94).

Writer (86- present day)

Articles & papers related to Consciousness,; human, global and inter-species. www.clarehedin.com.

Yoshi's Jazz Club, Oakland, Ca., USA (9/97 - 9/99)

Artists Liaison & Transportation coordinator: Duties included organizing and coordinating Transportation for World-famous Artists traveling from out of town. Managed and interviewed approx. 50 volunteer drivers. Liaised with Artists, Managers and Promoters, sometimes escorting them to radio/TV interviews, informing them about soundcheck details and club policies etc.

Sound Music Studios (98 - present day)

Studio Manager/Engineer/Producer: Founded and ran my own professional 24 track Recording Studio.

Reiki Practitioner (5/94 - present day):

Harvest Ffair Gynhaeaf, Wales, U.K. (9/94). Reiki Practitioner and workshop leader for 'Animal Magic' movement, based on Gabrielle Roth's work.

Earth Spirit Fair, Sussex, U.K. (8/94)

Hurricane Hotel, Tarifa, Spain (5/94-6/94)

Interior Magic, Oakland, C.A., USA (10/92-5/94)

Freelance furniture decorator/Faux finisher: Set painting for Contra Costa Music Company

Light Body Practitioner (93 – present day)

Healing work with energy centers

Commotion Pictures - Production Co., S.F., C.A., USA (9/92 - 9/93)

Production/Art Assistant in Music and Corporate Video Production.

Studying dance, art, music, consciousness, at various colleges, London, U.K. (10/91- 9/92)

Island Records, London, U.K. (10/90 - 10/91)

Video Coordinator and Researcher.

Duties included finding suitable directors and production companies, selecting treatments, attending creative meetings, shoots, monitoring off-line and on-line editing and budgeting. Also worked on researching for TV pilot for comedian/musician John Shuttleworth at Island Music.

Popata - Production Co., London, U.K. (9/90)

Production Assistant in Music Video Production

Traveling USA (4/90 - 9/90)

Manhattan, Chicago, Nashville, Arkansas - visiting clients from BMG and Eatons

Eatons Entertainment Solicitors, London, U.K. (2/90 - 4/90)

Personal Assistant to David Glick, Partner, Director and Lawyer.

Duties included drawing up and red-lining contracts between Managers, Bands, Record Companies and Music Publishing Companies.

BMG Music Publishing, London, U.K. (10/88 - 2/90)

Personal Assistant to Paul Curran, Managing Director of UK Music Publishing.

Duties included talent scouting, attending showcases, handling Artists, Photographers, Band Managers, Entertainment Solicitors, fielding calls and drawing up contracts. Also became manager of the 'Paul Jenkins Cancer Help Fund', initiating fund raising ideas, organizing other fund raisers, special events, press coverage; aimed at successfully raising GBP50,000 (US\$75,000)

RIVA Magazine, Carlton Magazines, London, U.K. (4/88 - 10/88)

Personal Assistant to Kay Goddard, Features Editor.

One of the team of four that set up this brand new magazine. Once up and running, duties included commissioning features, buying article pictures from other magazines e.g. Rolling Stone, collating material for each weekly edition, writing brief articles and researching articles. (RIVA was bought out by IPC - competitors - and subsequently folded in October 1988)

Carlton Magazines, London, U.K. (12/87-4/88)

Researcher/Writer - local interest pieces. Hired by the Founding Editor of RIVA, Susan O'Sullivan.

Traveling - Far East, Orient, Australia, India (10/86 – 12/87)

Toucan Productions, Essex, U.K. (1/86 - 8/86)

Sales Representative and Manager, selling hardback educational books (e.g. Gardening, Cooking)

Duties included bookkeeping, interviewing and managing new representatives, keeping moral (and sales) up among a team of 12 people in the UK, maximizing sales and finding new clients.

Baring International Investment Management, London, U.K. (9/84 - 1/86)

Personal Assistant to Managing Director of Far Eastern Investments; James Williams

Duties included dealing with all levels of management and brokers from various countries, closing deals, distributing dealing and marketing information, plus general secretarial and office duties.

Volunteer Work:

"West Coast Dowers Conference" Santa Cruz, CA(6/30/06-7/5/06)

A/V set ups and Assistant to Conference Organizer. Managing and Training people on equipment and jobs.

"Offerings" (10/04-12/05)

Founder/Organizer/Host: Monthly music series that I ran on a volunteer basis the last Sunday of each month – at Grace North Church, Berkeley, CA. Focus on music that heals and creates community. PLUS musical coordinator for cross-cultural, sacred, music services at Grace North.

Visioning Committee: Grace North Church, Berkeley, CA (9/04 – present day)

Leadership/Facilitation: Co-facilitating the growth and development of the Church's community and building and interior decoration. Creating goals and plans collectively to do outreach work.

Toward a Democratic UN for 21st Century, S.F., (June 24-27/04)

Organized attendees at conference during w/e and managed interpersonal needs and dynamics within event.

Hidden Connections (5/07-09/04)

An Intergenerational Forum on Science, Spirituality and Sustainable living. Organized attendees and provided music/dance related to subject matter one of the evenings.

Oakland Children's Hospital, Oakland, C.A. USA (7/01 - present day)

Visiting Healing Musician - As above (in professional work section).

International Sound Symposium, San Jose, CA. USA (3/02)

Bookstore Sales and Customer Service.

Body and Soul Conference, S.F., C.A., USA (10/31/97-11/2/97)

Management and Conference Organization.

Yerba Buena Center for the Arts, S.F., C.A., USA (2/96-2/97)

PR/Art Liaison: Went through program training. Took various age groups of school children through art exhibits; facilitated dialogues between them and the art and varying social themes that the visiting artists addressed.

Second Start, Oakland, C.A. (2/93 – 1/94)

Adult Literacy Training: Worked with an adult Laos mother (33 yrs. Old), improving her English reading and writing skills over a series of months.

Infinity Bookstore, Concord, C.A., USA (93/94)

Gave chakra healings and clairvoyant readings: twice/week

Dunsmuir House, Oakland, C.A., USA (1993)

Docented people around the house and gardens.

Deaf Awareness, London, U.K. (1992)

Worked in deaf units in inner-city schools, helping deaf children on outings as well as in the classroom.

World Peace Outreach, Nashville, T.N. (1990)

PR/Outreach: Non-profit organization, focused on raising environmental and social awareness in local communities

Academic Achievements:

John F. Kennedy University, Orinda, C.A., USA (9/00 – 9/04)

M.A. Consciousness Studies, plus Transformative Arts (9/01 - 1/02)

Peralta Community College District, Oakland, C.A., USA (9/99-6/00)
Music Theory classes, basic through advanced.

California Institute of Integral Studies, S.F., C.A., USA (10/97- 8/98)
BA completion program, emphasis in Music.

San Francisco State University, S. F., C.A., USA (9/96 - 9/97)
Critical Thinking (ethic studies), Introduction to Meteorology, [Thought & Image, Music Ideas and Culture, Humanism & Mysticism, Style & Expressive Forms, Jazz History, Music of the World's Peoples] (see also 'Art Training')

Academy of Art College, S.F., C.A., USA (1/95 - 8/96)
Survey of the Advertising Industry, Intercultural Design, Music Appreciation, Art History 1/2/3 (see also 'Art Training')

Felsted School, Essex, U.K. (1981- 1983)
'A' Levels in English, French, Economics

Queenswood School, Essex, U.K. (1976 -1981)
'O' Levels: Eng. Lit & Lang., French, German, Latin, Math, Biology, Physics, RS, Art, Music (voice/piano)

Training:

Business Training:

The Coaches Training Institute, San Rafael, CA (2005)
Life Coaching level 1 & 2

Harlow Technical College, Essex, England (1983 - 1984)
RSA Typing, Pitman Shorthand, Audio Typing, French & German business language skills. Word processing skills

Healing Training:

Body & Soul Conference, C.O., USA (July 11-13, 1997)
Undergraduate registration, raising awareness of conscious living.

Naropa Institute, Boulder, C.O., USA (July 7 - 11, 1997)
Cellular & Human Consciousness - Susan Aposhyan (1 wk). Dying to be Born - Christine Caldwell (1 wk)

City Lit. College, London, U.K. (9/12/94 - 12/14/94)
'Spiritual Psychology' - Jamie Moran (3 months)

Infinity Bookstore, C.A., USA (1993)
'Empathy' course - Judi Simone (8 weeks)

Sesame College, London, U.K. (1991)
Drama and Movement Therapy - Mary Smaile (1 week)

Symmetry Consulting, Judy Reis, C.A., USA (1/1/93 - 6/1/93)
REIKI - Degrees 1 & 2, Energy Body Balancing (EBB), Light Body Graduate (Orin/Daben -6 month+ training)

College of Psychic Studies, London, U.K. (1989)
Healing and Psychic Surgery - Geoff Boltwood (8 weeks)
Spiritual and Psychic Development - Julie Soskin (8 weeks)

Psychosynthesis Counseling Education Trust (1986 - 1987)
Introductory experiential Psychosynthesis study: creative visualization and hypnosis (1 week)

Music Training:

Vox Mundi Studios; Sylvia Nakkach, Marin, CA (04)
Indian singing and chant

Laney College, Oakland, C.A. (9/99-5/00)
Music Theory classes.

Stanford Jazz Camp, Stanford, C.A., USA (8/2/97 - 8/9/97)
Singing instruction - Madeline Eastman

Peter Apfelbaum, Berkeley, C.A., USA (7/97 - present day)
Piano/music teacher

Berkeley Jazz School, C.A., USA (4/22/97 - 5/27/97)
Advanced Jazz Theory - Mark Levine

Jazz Camp West, La Honda, C.A., USA (6/21/97 - 6/2/97)
Advanced vocal instruction - Kellye Gray

Rhiannon, San Rafael, C.A., USA (1/5/97 - 1/22/97)
'All The Way In' - Vocal improvisation intensive (3 weeks)

Jeff Massanari, Oakland, C.A., USA (97 - present day)
Guitar

San Francisco State University, S.F., C.A., USA (9/96 - 10/97)
[Jazz Combo/Vocal Jazz, Pop & Jazz Harmonies, Guitar 1, Ear Training & Musicianship]

Brenda Boykin, Oakland, C.A. (1993)
Jazz and Blue Funshop - vocal training weekend intensive.

IMW, London, U.K. (1992)
Music Recording Introductory Course

City Lit College, London, U.K. (1991 - 1992)
Dance

Various: group and individual instruction, London, U.K. (1989 - 1992)
Drumming, Singing, Saxophone (group), Saxophone (individual) - Tommy Barlow, Joe Hatherill

Piano: the Associated Board of the Royal Schools of Music, UK, passed: Grade 5, 1980

Art Training:

San Francisco State University, S.F., C.A., USA (9/96 - 10/97)
Ceramics 1, Figure Drawing & Painting 2

Academy of Art College, S.F., C.A., USA (1/95 - 8/96)
Design and Materials, Sculpture 1, Still Life Painting 1, Drawing Principles, Electronic Editing 1, Introduction to Computer Arts, Desktop Design 1

The San Francisco School of Art, S.F., C.A., USA (6/96 - 8/96)
Figure Drawing - mixed media

Fantasy Finishes, Gloucestershire, U.K., (1991 & 1994)
Specialized paint finishes (faux) - Tim Duddfield

City Lit College, London, U.K. (1991 - 1992)
Figure Drawing

Polytechnic of Central London, London, U.K. (1991)
'Starting Photography' - Geoffrey Attridge (July)
'Still Life Photography' - Mark Tyrrell/Lorrise Carse - Wilen (Dec.)

Communications Training:

Vista College, Berkeley, C.A., USA (1993)
American Sign Language (stage 1)

Macbeth Street College, London, U.K. (1991 - 1992)
British Sign Language (stage1)

References:

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